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# ANNUAL REPORT

Seventy Times Seven

Prison Fellowship Singapore Limited



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Seventy Times Seven (70x7), previously known as “Life Anew”, was registered with the National Council of Social Service (NCSS) as a fund of the Prison Fellowship Singapore Limited (PFS) with the status of an Institution of Public Character (IPC) on 1 November 2009.

In January 2015, the Ministry of Social and Family Development approved the name change.

<b>IPC NUMBER:</b>	IP000680
<b>UNIQUE ENTITY NUMBER (UEN):</b>	T09CC0007H
<b>REGISTERED ADDRESS:</b>	50 Playfair Road #03-01, Noel Building, Singapore 367995
<b>EXECUTIVE DIRECTOR:</b>	Chua Kok Wan (appointed 16 June 2020)
<b>BANKER:</b>	Development Bank of Singapore Ltd
<b>AUDITOR</b>	Baker Tilly TFW LLP

# 1. INTRODUCTION

## ABOUT SEVENTY TIMES SEVEN (70X7)

70x7 is an initiative and a fund of Prison Fellowship Singapore Limited (PFS). It was set up to fund activities of PFS that are both non-religious and social in nature. The programmes funded by 70x7 aim to embrace and enable inmates, ex-offenders and their families on their journey from brokenness to wholeness, regardless of their race and religion.

## OUR VISION

### Reconciliation of love and justice

Our areas of focus are to:

- foster a community of partners to engage and embrace inmates, ex-offenders and their families
- create and run programmes to enhance the well-being of ex-offenders and their families
- address and support the needs, eg. financial, educational, social and welfare of the ex-offenders and their families
- help to reconcile broken relationships through counselling and other In Care programmes, e.g. Victim Empathy Programme and Gang Desistance Programme
- Prosocial Engagement Programme for young remandees

## 2. MANAGEMENT COMMITTEE

	NAME	DESIGNATION	OCCUPATION	DATE OF APPOINTMENT
1.	<b>DR HO YEW KEE</b>	CHAIRMAN / MEMBER	PROFESSOR, ASSOCIATE PROVOST, SINGAPORE INSTITUTE OF TECHNOLOGY	13 FEBRUARY 2014
2.	<b>MS HO KAH YIN *</b>	TREASURER / MEMBER	GROUP CFO, ACORN MARKETING & RESEARCH CONSULTANTS (GROUP) PTE LTD	4 JUNE 2018
3.	<b>DR YAP CHEE MENG</b>	TREASURER / MEMBER	FINANCIAL SERVICES CONSULTANT  LEGACY FA PTE LTD	1 JUNE 2016 **
4.	<b>MS LISA THENG SIEW LIAN</b>	MEMBER	MANAGING PARTNER, CNP LAW LLP	23 APRIL 2019
5.	<b>MR DAVID KOH SEE TIEN</b>	MEMBER	EX HR DIRECTOR, INCHCAPE (SOUTH ASIA)	23 APRIL 2019
6.	<b>MS JEANN LOW NGIAP JONG</b>	MEMBER	SENIOR ADVISOR, SINGTEL	25 MAY 2021
7.	<b>MS TINA WEE HUAT TEE</b>	MEMBER	SENIOR PRESIDENT, FORBES MEDIA ASIA	25 MAY 2021

\* RESIGNED ON 25 MAY 2021

\*\* APPOINTED AS TREASURER ON 27 MAY 2021

**ATTENDANCE AT MANAGEMENT COMMITTEE AND JOINT BOARD (WITH PFS) MEETINGS FOR PERIOD BETWEEN 1 JAN 2021 TO 31 DEC 2021**

	<b>NAME</b>	<b>22 MAR 2021 JOINT BOARD</b>	<b>24 MAY 2021 JOINT BOARD</b>	<b>30 AUG 2021 JOINT BOARD</b>	<b>27 OCT 2021</b>	<b>6 DEC 2021 JOINT BOARD</b>
1.	<b>DR HO YEW KEE</b>					
2.	<b>MS HO KAH YIN *</b>		0	-	-	-
3.	<b>DR YAP CHEE MENG</b>	0		0		
4.	<b>MS LISA THENG SIEW LIAN</b>	0				0
5.	<b>MR DAVID KOH SEE TIEN</b>					
6.	<b>MS JEANN LOW NGIAP JONG **</b>	-	-			
7.	<b>MS TINA WEE HUAT TEE **</b>	-	-		0	

\* RESIGNED ON 25 MAY 2021

\*\* APPOINTED ON 25 MAY 2021

## 3. POLICIES

### FUNDING SOURCES

70x7 is financially supported by donations from churches, Christian and corporate organisations, individuals, foundations and government grants.

### RESERVE POLICY

70x7 shall maintain a reasonable reserve equivalent to one to three years of net unrestricted liquid assets to cover unrestricted expenses. As at 31 Dec 2021, 70x7's liquid unrestricted net assets ratio stood at 1.79.

### MANAGEMENT AND AVOIDANCE OF CONFLICT OF INTEREST

We require members of the Management Committee to make a Declaration of Conflict of Interest annually and to abstain from any decision making if he/she has a conflict.

### STAFFING

70x7 is a fund of the Prison Fellowship Singapore. As it is not an entity, it therefore does not have any staff. The staffing information below pertains to staff services provided by Prison Fellowship Singapore under a memorandum of understanding arrangement between PFS and 70x7.

As at 31 December 2021, there is a total of 19 staff, comprising all full-time staff in PFS.

## 4. KEY ACTIVITIES

70x7 renders a comprehensive range of support services for Pre Sentencing individuals, inmates, ex-offenders and their families through its Through Care and Family Care Ministries.

### THROUGH CARE MINISTRY (TCM)

#### PRE SENTENCE

- Pre Sentencing Counselling and mitigation work to prepare the offender, after he/she has been charged or convicted, for prison life. In 2021, we were referred 15 Pre Sentence cases.

#### IN CARE

- In Care (in-prison) Counselling and reformative sessions such as Gang Desistance, where inmates are given an opportunity to renounce their gang affiliation and turn over a new leaf.

#### AFTER CARE

- Prison Gate Ministry - welcoming inmates upon their release at prison gate to offer transitional assistance e.g. NRIC replacement, Bank Account opening, Transit-link card, grocery vouchers, clothing, application for short term financial assistance, shelter and other immediate needs.
- After Care is where the “rubber meets the road” and it takes a community to journey with an ex-offender and his/her family.
- 70x7 provides support to the ex-offenders with the primary objective to journey with the ex-offender towards community re-integration.
- The following are some of the After Care activities:
  - Case management and referrals to other Social Service Agencies (SSAs).
  - Job coaching and matching
  - Skills upgrading workshops
  - Bonding and celebrations eg birthdays and career milestones
  - Government financial assistance and practical meal support
  - Support Groups
  - Counselling and Befriending sessions with releasees





## SEVENTY TIMES SEVEN

### FAMILY CARE MINISTRY (FCM)

FCM reaches out to and addresses the needs of the inmates' family members. By partnering with government agencies (e.g. Family Service Centre), volunteers and other supporters, we befriend and support the families, with the objective of breaking the inter-generational cycle of crime. Our FCM programmes aim to strengthen the family unit, to promote reconciliation and to promote change towards assimilation in the family and the wider community.

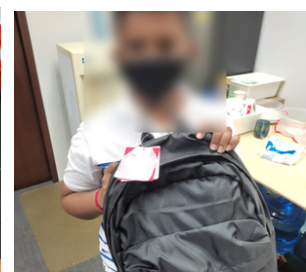
During the COVID-19 pandemic, FCM extended our reach to families of ex-offenders too. Families with ex-offenders also suffered as Singapore was under lockdown. Our Integrated Ministry (IM) strategy seeks to elevate the role of the family in the ex-offender's re-integration journey as the key motivational factor to change.

Apart from family visitations, FCM runs a Care Club for the youth and children (2 to 20 years of age), averting delinquency through practical and educational support, such as Character Development programmes. This is 70x7's contribution in the preventive work undertaken with our beneficiaries. All seven of Care Club's PSLE students in 2021 were promoted to secondary school.

### FAMILY CARE ACTIVITIES

Practical support for inmates' families include accompanying the elderly for medical visits to polyclinics and hospitals, escorting families for tele-visits with inmates in prison, social assistance applications and referrals, case management, financial assistance, educational programmes for youth and children, educational bursary for tuition and outings for children and the families. It also consists of the following:

- Milk & Diaper Programme \*
- Early Learning Programme \*
- Monthly Grocery Support
- Care Club Activities
- Counselling
- Prison visit escort
- Art Therapy
- Mount Alvernia Outreach Clinic
- Mooncake during mid-autumn festival
- Financial assistance
- Family Meal Blessing
- Family Outing (bonding session)
- Caregiver support
- Hospital medical appointment escort
- Donation items (eg: Beds, Sofa, Washing Machine)
- Weekly Tuition for Primary and Secondary Students \*\*



***\*These programmes are conducted in partnership with EDIS Cares through Community Foundation of Singapore***

***\*\*This programme is conducted in partnership with The Pavilion Foundation through Community Foundation of Singapore***



## IN 2021, FCM MINISTERED TO:

- 94** families who has a family member in prison
- 33** youth and children received weekly tuition
- 8** pre-primary children enrolled for Early Learning Programme
- 15** children attending Care Club Weekly activities
- 25** partnering churches in Family Care Ministry
- 166** volunteers supported our monthly family visitations



### PROGRAMME PARTNERS IN 2021

Ara's Ark  
Arting Hearts  
Community Foundation of Singapore (CFS)  
Economic Development Innovations Singapore (EDIS Cares)  
Life House  
Monster Reader  
National University of Singapore (NUS)  
People's Association (PA)

School of the Arts Singapore  
Scripture Union  
Singapore Youth for Christ (SYFC)  
The Pavilion Foundation  
Yellow Ribbon Fund (YRF)

### 5. VOLUNTEER ENGAGEMENT AND PARTNERSHIPS

Our volunteers are highly valued partners who reach out to the inmates, ex-offenders and their families. While pandemic-related restrictions may have reduced face-to-face interactions with beneficiaries, we seized the opportunity to arrange and deliver training courses to equip our volunteers with skills and knowledge so that they can be more effective when the engagement level with beneficiaries recover. With a total of 40 courses offered spanning various topics, we saw 700 training places taken up, with 2,750 training hours clocked.

We also actively developed partnerships with other Christian and corporate organisations to synergise capabilities and leverage on the unique strengths of each organisation. This collaborative approach strengthens the After Care ecosystem in which we operate, reduces duplicity and streamlines work processes. In 2021, we signed 4 Memoranda-of-Understanding (MOU) with Halfway Houses and organisations offering professional services (e.g. legal services).

#### OUR VOLUNTEERS ARE ACTIVE IN:

- **IN CARE:** Conducting Gang Desistance and Victim Empathy Programmes.
- **AFTER CARE:** Supporting our beneficiaries in their Rehabilitation, Reintegration and Reconciliation journey.
- **FAMILY CARE:** Participating in grocery and meal delivery events, providing tuition to the needy students, befriending and coaching our beneficiaries.

#### SOME OF THE TRAINING PROGRAMMES PROVIDED TO OUR VOLUNTEERS INCLUDE:

- An Ex-Drug Addict's First Step into Church
- Anger and Addiction: The Troublesome Pair
- Basic Coaching Skills
- Effective People Helping Skills
- Facilitation Skills for Offender Groups
- Managing Behaviour
- Motivational Interviewing
- The Manhood Journey
- The Unique Aftercare Journey
- Understanding and Responding to Emotions in People Helping
- Understanding Socio-cultural Factors in an Addict's Recovery
- What Do We Need To Know About Addictions In Prison Ministry
- Working with Addictions in After Care
- Working with Families of the Incarcerated

### 6. KEY EVENTS IN 2021

#### MEAL BLESSING AND NEW LAPTOPS DURING THE COVID-19 LOCKDOWN

The COVID-19 Circuit Breaker in April 2020 wrought unprecedented challenges. Regular meetings for counselling, fellowship and other support services were partially resumed with Safe Management Measures in place. Our beneficiaries and their families encountered severe hardships in various forms, including finding gainful employment and staying employed.

To alleviate part of their sufferings, PFS engaged our ex-offenders in the F&B industry to prepare meals for the families severely impacted. Our staff and volunteers then delivered the meals to their individual homes. The Meal Blessing event was organised with a dual purpose, (i) to provide hot meals for these families and (ii) to procure these meals from fellow beneficiaries in the F&B industry to supplement their income, which was severely impaired by the COVID-19 pandemic.

#### **Two types of Meal Blessing were delivered;**

- A Super Value Meal set was delivered to 120 beneficiaries over the weekend of 12-15 Nov 2021.
- 180 packs of food were distributed each month for 12 months to beneficiaries.

During Chinese New Year, DoDo Seafood donated frozen food hampers to 150 families.

**20 new laptops** were also donated by Mrs Dorothy Chan and given to Care Club children who were unable to connect with our online programmes due to their faulty pre-loved devices.

## 7. NEW INITIATIVES IN 2021

### IMPLEMENTATION OF THE INTEGRATED MINISTRY (IM) STRATEGY

Bi-monthly meetings were dedicated to an IM Case Conference, where IM Coordinators discuss the holistic needs of an ex-offender **and** his/her family through an IM case file. This was made possible through separate pre-release interviews conducted by the IM Co-ordinators (i) with the inmate and (ii) with his/her family, 1 to 2 months prior to his/her release date.

Staff turnover in the FCM team during the COVID-19 period also posed a great challenge in the work of the ministry. The new team had to familiarise themselves with the ministry work in a constantly changing COVID-19 situation.

One of the key outcomes of the IM Strategy is to establish an After Care Support Network (ASN) for the ex-offender and his/her family prior to his/her release. With this strategy, we are assigning the ASN ahead of time. This allows better preparation to receive the inmate at the Prison Gate and journey with him/her in After Care.

With IM, we needed more After Care and Family Care volunteers in 2021. As the old saying goes, “it takes a kampung to raise a child” in Singapore. At PFS, we believe it takes a community to journey with an ex-offender and his/her family. This community is essentially you and I, and together we can make a real difference in these lives on the mend.





## 8. FUNDRAISING IN 2021

In 2021, 70x7 introduced two major fundraisers - the **Angel Tree Movie (ATM)** in September 2021 and the **Angel Tree Run (ATR)** in November 2021, to **create awareness** of the Angel Tree brand and to **ensure the continuity** of our restorative programmes that facilitate the ex-offenders' rehabilitation, reconciliation with their families and reintegration in the community.

Our tagline "**Journey Together**" represents a belief that change is possible, even for a hardcore criminal, if only the community is willing to support this change effort and believe in a new and transformed life.



For the ATM, 70x7 partnered Salt Media & Entertainment to stream the movie, **Skid Row Marathon**. The movie was about a criminal court judge who started a running club on L.A.'s Skid Row for offenders on parole, and how their lives changed as a result of running with this judge - a heart-warming journey of an unlikely group of individuals who received second chances in life, brought about by a man's act of simple kindness. Public were invited to donate, and in appreciation, each donor received an e-ticket with a corresponding e-ticket gifted to one beneficiary, as a symbolic gesture to Journeying Together. A total of **791** e-tickets were issued for all donors and beneficiaries.



The ATR continued this Journey. 70x7 partnered OrangeRoom Asia to organise our first ever **Virtual Run**. In the same spirit to Journey Together, for each individual participant registered, a corresponding registration was gifted to a beneficiary. Each participant was also able to do personal fundraising to encourage their families and friends to support them in their efforts to raise funds for our cause. We saw a total of **825** participants/beneficiaries and supporters take part in this fundraiser.



## SEVENTY TIMES SEVEN

We were also thankful to receive free air-time on the billboard on the Ten Square Building along Selegie Road! Staff and their family members of various ages came together, not only to run together for the **filming of the ATR trailer**, but also a time to bond together.



*"We are extremely thankful for each and every person who donated to our two fundraisers and also to all partners and corporate donors! And all the runners and their supporters! Wow!"*

*~ Kelvin Koh, Donor & Contracts Manager on seeing the final amount raised*

All in all, we raised **over \$900,000** from both the ATM and ATR! On behalf of our beneficiaries, we thank our partners, corporate and foundation donors, as well as all who supported us in one way or another. Your generosity and partnership has encouraged and affirmed all our effort!

## 9. FINANCIAL REVIEW

70x7 recorded a net surplus of **\$413,258** for the financial year ended 31 December 2021. This is attributed mainly to donations raised and government grants (i) the Care & Share grant distribution from National Council of Social Service (NCSS); (ii) the COVID government support schemes e.g. Jobs Support Scheme (JSS) and Jobs Growth Incentive (JGI); (iii) lower programme spending due to COVID and (iv) the Angel Tree Movie and Angel Tree Run fundraising events.

<b>70x7 Financial Snapshot</b>	<b>2021</b>	<b>2020</b>	<b>% change</b>
Donations (A)	1,284,459	1,321,720	-3%
Care & Share Grant (B)	55,633	26,803	108%
Total Income (C) = (A) + (B)	1,340,092	1,348,523	-1%
Total Expenditure (D)	926,834	687,348	35%
<b>Surplus Income (E) = (C) - (D)</b>	<b>413,258</b>	<b>661,175</b>	<b>-37%</b>

Non Current Assets (F)	45,506	55,634	-18%
Current Assets (G)	1,864,342	1,444,160	29%
Total Assets (H) = (F) + (G)	1,909,848	1,499,794	27%
Total Liabilities (I)	202,871	206,075	-2%
Net Assets (J) = (H) - (I)	1,706,977	1,293,719	32%
Liquid Unrestricted Net Assets (K)	1,661,471	1,238,085	34%
<b>Liquid Unrestricted Net Assets Ratio (L) = (K) / (D)</b>	<b>1.79</b>	<b>1.80</b>	

### STATEMENT OF ACCOUNTS

Full Statement of Accounts and Reports for the financial year ended 31 December 2021 are as per our submission on the Charity Portal.



### REVIEW AND CHANGES IN THE POLICY

Nil.

### EXPLANATION OF THE PURPOSE FOR WHICH THE CHARITY'S ASSETS ARE HELD

#### Passenger Van

- Ferrying ex-offenders and their families to their homes, halfway houses and other SSOs
- Ferrying the children to and from their homes for Care Club programmes
- Conducting home visitations in the evenings for the delivery of grocery and other items, including Angel Tree Project
- Transport for beneficiaries for events and other activities
- Re-location assistance when beneficiaries are moving to the government rental flats.

## 10. FUTURE PLANS AND COMMITMENTS

### INTEGRATED MINISTRY (IM)



- A staff Work Group framework will be implemented for greater group involvement in the area of Self-care, Learning and Integration in ministry work. The Work Group will take ownership in charting the course of ministry work, in partnership with PFS leadership for a more collaborative approach.
- Care Club will be implementing the Child's Journey framework by Prison Fellowship International. This framework provides a holistic approach to caring for the child's welfare, education and character development through structured case work and a mentoring programme.
- We will be enhancing our capacity and competency of counselling service to our beneficiaries. Led by our Marriage & Family Therapist, Salmon Chung, the counselling team will adopt a two-pronged approach by deepening skill sets and widening therapeutic contact points. At our new premise, we will have two conducive counselling rooms, one for individuals or couples; and another one for family therapy. One of the rooms will be equipped with psychodrama tools, e.g. a sand tray to facilitate various intervention modalities. Counsellors and their interns will be able to participate in live supervision and reflective teams in the new setup.
- 70x7 aims to customise a Prosocial Engagement Programme (PEP) for young remandees as part of a pilot initiative with the Singapore Prison Service (SPS). Youth under trial are placed in prison custody as remandees while waiting for the outcome of court sentencing. During this remand period, they are housed in the similar prison environment and infrastructure as sentenced inmates. Engaging persons-in-remand can positively impact mental wellness, adaptive behaviour and rehabilitation.

### PARTNERSHIPS & COMMUNICATIONS (P&C)



- To support In Care, 70x7 is developing faith-neutral programmes to support SPS and to extend our reach to a wider prison audience.
- We are collaborating with organisations to develop a network of professional services (e.g. in legal, counselling, forensic psychology, etc) to better support the diverse needs of our beneficiaries in After Care and Family Care.
- It is envisaged that our volunteers will be able to do more than befriending. To increase their repertoire of helping skills, we will be planning training workshops, such as paracounselling skills, motivational interview, narrative therapy through arts and play etc. for our volunteer pool.
- PFS will continue on her digitalisation journey in 2022, exploring suitable options for an Enterprise Resource Planning (ERP) system and a Case Management System.

### FINANCE & ACCOUNTING (F&A)

- Our lease for the current office premise is due to mature in 2022. The Board has approved plans to expand our ministry and thus we will be moving to a larger premise by 3Q2022 at a higher overhead cost.
- PFS is planning to introduce a cloud based Accounting System by end 2023 to enhance our IT and finance security.
- 70x7 will continue to focus on funding and running programmes that are non-religious and social in nature. It will also seize opportunities to collaborate with like-minded organisations in the same sphere to deliver the best care and services to the beneficiaries.





**THANK YOU**